**GUIDLINE-Proposal**

**of the scientific methodological commission IBFed**

**“Scientific Monographies, publication and archive in BIONET”**

**What for we are writing this proposal?**

Scientific monographs play an important role in many scientific disciplines, including Biodanza. Here are some reasons why they are important:

**Knowledge transfer:** Scientific Monographs in Biodanza serve to present scientific findings and research results in a detailed and structured format. They make it possible to document, store and pass on knowledge about Biodanza.

**Deepening understanding:** Scientific Monographs in Biodanza offer the opportunity to explore and deepen a particular topic or concept in Biodanza in detail. This can help to develop a better understanding of the principles, underlying mechanisms and areas of application of Biodanza.

**Research promotion:** The publication of scientific monographs in Biodanza promotes research and development in this field. They encourage other Biodanza teachers to explore new ideas and approaches and share them with the professional community.

**Validation and professionalisation:** Scientific Monographs in Biodanza can contribute to the validation and professionalisation of Biodanza by presenting evidence-based information and research findings. This can contribute to the recognition of Biodanza as a serious discipline and therapeutic method.

**Knowledge exchange:** Scientific Monographs in Biodanza provide a mechanism for the exchange of knowledge and experiences between professionals, researchers and practitioners in the Biodanza community. This promotes communication and dialogue within the discipline.

**Long-term preservation of information:** Scientific Monographs in Biodanza also serve as a permanent repository of scientific knowledge. They enable research findings to be made available for future generations of Biodanza practitioners and researchers.

Overall, scientific monographs in Biodanza are an essential tool for documenting, researching and disseminating knowledge in the biodanza community. They help to promote the quality and professionalism of this practice and ensure its long-term existence as a scientific discipline.

1. **How to write a scientific monography in Biodanza?**

The Methodology, Science Commission makes the following recommendation on how to deal with monographs that have a scientific content.

In particular, the design of these papers. For formal design of the papers should meet minimum scientific standards.

This recommendation applies to scientifically oriented work in Biodanza. For all other work, the principle of freedom and diversity applies.

**1.1. What types of scientific monographs can be published in Biodanza?:**

Foolowing types of works are welcome:

- theoretical papers on the theory of Biodanza, with critical reflection, for instance about the Polyvagaltheoriy nach Porches and the meaning for Biodanza

- empirical studies on biodanza, e.g. Investigation about weekly Biodanza Classes

- case studies on biodanza, e.g. about the work with Biodanza and clinical cases out of Psychiatry

- literature reviews or meta-analyses, etc., e.g. example on all the publications about Biodanza and Stress

**1.2 Which structure should these monographs have?**

The papers should have the following structure. this structure is based on the international rules for publications of scientific papers:

Title of the monography

Author of the monography

Institution where the work was written

Email

Date of issue

Abstract, consisting of 1000 characters in the mother tongue language, plus in English

1-Introduction with problem and objective of the monography

2-Question of the monography

3-Theoretical background, related to the theoretical model of Biodanza

In the theoretical background of the scientific monograph, the reference to Rolando Toro's theoretical model should always be chosen.

4-Methodology of the monography, e.g.

* For Empirical work (qualitative, quasi-experimentell, experimentell): Sample, Schedule, Variable plan, Methods of data collection, Methods of data analysis,
* For literatur review, Keywords of the search? Which databases? Which coefficients? (e.g. effect size)
* For case study: procedure of analyse, procedure of description (e.g. descriptive Statistic, qualitative

5-Hypotheses or Assumptions

6-Results of the research questions

7-Discussion (including answer the questions and Hypothesis, critical reflexion and limitation of the work

8-My personal relation to the practice and description of my personal process with the topic in Biodanza

Literature. This is an example for the outline of an empirical paper.

1. **How can I archive or publish my scientific monography in Biodanza?**

Wir haben die Möglichkeit geschaffen wissenschaftliche Arbeiten in der Datenbank BIONET ([www.bionet-research.com](http://www.bionet-research.com)) zu archivieren. Dafür kannst du uns eine email mit der entsprechenden Arbeit senden an [info@bionet-research.com](mailto:info@bionet-research.com).

A sample collection of scientific monographs can be found at www.bionet-research.com where all knowledge collecting monographs worldwide in biodanza are collected and archived. If you still have monographs in your biodanza schools, please send them to us.

Du kannst aber auch deine Arbeit im BIONET-Journal „Biocentric Sciences“ (Vol 5 “Biodanza Research”) veröffentlichen. Sende deinen Artikel an die folgende Adresse [info@bionet-research.com](mailto:info@bionet-research.com). Folge auch den Hinweisen auf der Seite von BIONET [www.bionet-research.com](http://www.bionet-research.com).

1. **Wie kann ich das Wissen vertiefen zum Schreiben wissenschaftlicher Monographien in Biodanza?**

Für Einzelberatungen, aber auch Gruppen-Seminaren (Online) stehen die Mitglieder der Methodenkommission zur Verfügung. Hier findest du die Kontakt-Möglichkeiten:

Marcus Stueck: marcus.stueck@bionet-research.com

Emilse:

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Ausserdem gibt es die Möglichkeit ein Handout herunterzuladen in unserer Wissenschafts-Webseite [www.bionet-research.com](http://www.bionet-research.com).